For Sale
Publications

• Foods, Nutrition & Health
• Food Safety
• Housing & Consumer Economics
• Child Care & Parenting
This is a listing of The University of Georgia College of Family and Consumer Sciences, Cooperative Extension Service publications and resources available for sale.

For additional publications and other informational resources that are available to the public for free, as well as updates on these topics, please visit our website: http://www.gafamilies.com

2003
Foods, Nutrition, & Health

RIGHT BITE DIABETES COOKING SCHOOL
FDNS-E 19
Three lesson plans for a diabetic cooking school that includes recipes for desserts, entrees, and side dishes. $25

FOOD GUIDE PYRAMID
FDNS-E 27
Multicolored one-page guide for choosing a healthy diet. (2001)
$15 for set of 100

HAVING A HEALTHY BABY CURRICULUM
FDNS-E 25
A 10-lesson nutrition and health-related curriculum designed for work with pregnant teens in a community setting. $10

Food Safety

SO EASY TO PRESERVE
B989
A how-to manual for canning, freezing, drying, pickling, jams and jellies. Includes answers to most frequently asked questions and problems related to food preservation and storage. $15 (12 or more, $12 each)

FOOD SERVICE MANUAL FOR USE IN PERSONAL CARE HOMES
FDNS-E 09
A nutrition and meal planning reference for those who plan, prepare and serve food in small (15 residents or fewer) personal care homes. $10

Housing

HOME*A*SYST
HACE-E 32
116 page environmental risk assessment guide. Guide may be used to evaluate home and property for pollution and health risk and find suitable preventive measures to protect the family. $10

Child Care & Parenting

KEEPING CHILDREN SAFE AND WELL: SELF-STUDY FOR CHILD CARE PROVIDERS
CHFD-E 26
(3 hours DHR credit for child care professionals)
Providing healthy and safe care for children is a major responsibility for child care providers. This self-study focuses on understanding infectious disease, preventing disease, symptoms of illness, indoor safety, and outdoor safety. (1994) $13.00 Video, $12.00 Workbook

GUIDING CHILDREN POSITIVELY: SELF-STUDY FOR CHILD CARE PROVIDERS
CHFD-E 27
(3 hours DHR credit for child care professionals)
Guiding behavior in a positive way is one of the most challenging tasks faced by child care professionals. This training resource offers tools for understanding behavior of children and self; leads to better understanding of discipline as a tool for prevention; demonstrates positive guidance techniques; and guides care providers to help children learn how to behave and redirect appropriate behavior. (1994) $13.00 Video, $13.50 Workbook

CHILD DEVELOPMENT ZONE: SELF-STUDY FOR CHILD CARE PROVIDERS
CHFD-E 28
(3 hours DHR credit for child care professionals)
Understanding the development of children is critical to planning developmentally appropriate activities. This self-study is designed to increase the understanding of children from birth through age five. It includes physical, social, emotional and cognitive areas of development and guidelines for understanding the patterns unique to each child and those common to all children. Learning to plan activities to encourage and allow the development of each child at his or her own rate is also included. (1994) $13.00 Video, $13.50 Workbook

BABY’S FIRST YEAR CALENDAR
CHFD-E 14
Educational calendar to record events in the first year of life and track normal infant development. (1997) $2
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Order Form

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A Food Safety Curriculum for Use With Adult Audiences

Package includes:

- Lesson dialogue
- Suggested activities
- Live action video
- Pre- and post-tests

To order:
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Family and Consumer Sciences Extension
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