**Griddle Cakes**

1 1/4 cups master mix  
1/8 cup vegetable oil  
3/4 cup water  
1 egg

Mix ingredients until blended.  
Use greased griddle or skillet.  
Makes 8 griddle cakes.

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**Oatmeal Cookies**

2 1/2 cups master mix  
1/2 cup vegetable oil  
1 cup sugar  
1/3 cup water  
2 eggs, beaten  
1 teaspoon cinnamon  
1 cup quick cooking oatmeal  
1/2 cup raisins

Mix all ingredients except raisins, until blended. Stir in raisins.  
Drop by teaspoonful on greased baking sheet. Bake at 375° for 10 to 12 minutes.
### Nutrition Facts

**Servings Per Recipe** 36 cookies

**Amount Per Cookie**

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Amount</th>
<th>% of Total Calories from Fat</th>
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</thead>
<tbody>
<tr>
<td>Calories</td>
<td>92</td>
<td>25%</td>
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<tr>
<td>Total Fat</td>
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</tr>
<tr>
<td>*Vitamin A</td>
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<tr>
<td>*Calcium</td>
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<tr>
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<tr>
<td>*Vitamin C</td>
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<tr>
<td>*Iron</td>
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