Making the Most of Your Food Dollars

*Compare the Cost*

Comparing prices can help you find the best buy. Unit prices for food are sometimes displayed on the store shelves below the foods. A unit price tells you how much the food costs per ounce or per pound. You can use the unit price to compare the cost on different size packages.

<table>
<thead>
<tr>
<th>Unit Price</th>
<th>Total Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>4¢ per oz.</td>
<td>$0.72</td>
</tr>
<tr>
<td>Snappy Rice Cereal, 18 oz.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Unit Price</th>
<th>Total Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>10¢ per oz.</td>
<td>$0.60</td>
</tr>
<tr>
<td>Crackly Rice Cereal, 6 oz.</td>
<td></td>
</tr>
</tbody>
</table>

Notice the unit of measure for the two brands of cereal is ounces. The cost per ounce is the unit price.

Name the cereal that costs the least (total price) _______________________________________________________

Name the brand that costs the least per ounce ___________________________________________________________

Which cereal product is the better buy? ________________________________________________________________

Sometimes you must figure out the cost per serving on your own. For example, if there are 10 ounces in a box of cereal and the box costs 80¢, what is the cost per ounce? ________________________________________________________
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Shopping Tips

✓ Shop when you (and your children) are not tired or hungry.
✓ Be sure to take your grocery shopping list.
✓ Remember to take your coupons. Use coupons only if they make items you usually buy cost even less.
✓ Stick to your grocery list.
✓ Compare prices.
✓ Check higher or lower shelves for less costly items.
✓ Get refrigerated and frozen foods last.
✓ Watch for mistakes at the checkout line.
✓ Make sure you get back the correct amount of change.
✓ Handle and store food properly to reduce waste.

Answers:

1) Crackly Rice Cereal
2) Snappy Rice Cereal
3) Snappy Rice Cereal
4) 8 cents