Easy Cheese Bake

nonstick spray 2 2/3 cups milk
12 slices bread 1/4 teaspoon pepper
2 Tablespoons margarine 1 teaspoon dry mustard
2 cups cheese, grated or cubed 1 teaspoon salt, if desired
4 eggs 1/8 teaspoon cayenne, if desired

Spray baking pan with nonstick spray or lightly oil. Spread bread with margarine. Place 6 slices of bread in the bottom of pan. Layer the bread with half the cheese. Next use the rest of the bread for a layer, then layer with the rest of the cheese. Beat eggs together with milk, pepper, mustard, and salt and cayenne, if desired. Pour mixture over bread and cheese. Cover and refrigerate 1 hour or longer (overnight, if desired). Bake at 350° for 1 hour.
Nutrition Facts

Servings Per Recipe 6
Amount Per Serving
Calories 272 48% of total calories from fat
Total fat 14g Sodium 430mg
* Vitamin A 20% *Vitamin C 1%
*Calcium 33% *Iron 8%

*Percentage Daily Values