Easy Cheese Bake

nonstick spray
12 slices bread
2 Tablespoons margarine
2 cups cheese, grated or cubed
4 eggs

2 2/3 cups milk
1/4 teaspoon pepper
1 teaspoon dry mustard
1 teaspoon salt, if desired
1/8 teaspoon cayenne, if desired

Spray baking pan with nonstick spray or lightly oil. Spread bread with margarine. Place 6 slices of bread in the bottom of pan. Layer the bread with half the cheese. Next use the rest of the bread for a layer, then layer with the rest of the cheese. Beat eggs together with milk, pepper, mustard, and salt and cayenne, if desired. Pour mixture over bread and cheese. Cover and refrigerate 1 hour or longer (overnight, if desired). Bake at 350°F for 1 hour.
Nutrition Facts

Servings Per Recipe 6
Amount Per Serving

Calories 272  48% of total calories from fat
Total fat 14g
* Vitamin A 20%
* Calcium 33%

Sodium 430mg
* Vitamin C 1%
* Iron 8%

*Percentage Daily Values

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Environmental Sciences and the U.S. Department of Agriculture cooperating. Gale A. Buchanan, Dean and Director

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November 2002
Publication Number: FDNS-NE 1052