Learning to use the toilet can be a very emotional time for both toddlers and their parents. Most children will show signs that they are ready between 2 and 3 years of age. These signs are:

- staying dry for a long time.
- tugging on their diapers to tell you that they are about to urinate or move their bowels.
- able to sit, stand, balance and remove some clothing on their own.
- saying they want to learn to use the toilet.

Parents and caregivers should work together to help children learn this skill. We want to agree with you on the best approach, so that the child is not confused.
We encourage toilet learning by:

• not making a “big deal” about it, but suggesting that they try it when they show curiosity about friends who have already learned.

• having low potties and toilets so children can climb onto them by themselves.

• answering questions honestly.

• accepting accidents as part of the learning process, but encouraging children to take some responsibility for changing themselves.

• working together with you to help the child. We do not ever punish or treat a child harshly for having a toileting accident.

Please discuss your child’s toilet training with us, so that we can agree on the best plan.